## IMPORTANT DATES FEBRUARY 2020

- 2/4-Evening Under the Stars Family Science Night 6-8PM
- 2/7-Class Picture Day
- 2/7Battle of the Books 9AM
- 2/7-Daddy Daughter Dance 6:30-8PM
- 2/7-Mom's Mingle at Countryside Country Club 6:30-8PM
- 2/10-Astro
   Skate Party 3 6PM
- 2/11-Poblanos Spirit Night 4-9PM
- 2/14-Family Lunch Day
- 2/18-1st Grade Music Concert 6:30PM HUMC
- 2/21-All Pro Dad
   Meeting
- 2/21 Black American Speak In
- 2/24-K-Kids Meeting 2:55-4PM
- 2/24-25- Vision & Hearing Screening K-3
- 2/27-Family Math Night
- 3/3-BJ's Restaurant Spirit Night 4-9PM

Area 1 Associate Superintendent: Mr. Ward Kennedy (727) 588-5023

## Leila G. Davis Elementary

Principal: William Durst

Assistant Principal: Kathryn Gualtieri

2630 LANDMARK DR. CLEARWATER, FL 33761 (727)725-7972

FEBRUARY 2020



## Principal's Page...A Message from Mr. Durst

As you may recall, Mr. Martinez, one of our amazing music teachers, was named a top 10 finalist for our district Teacher of the Year recognition. On Wednesday, January 29<sup>th</sup>, our very own Mr. Martinez was named Teacher of the Year for Pinellas County Schools. Mr. David Martinez-Cooley is a driven, relentless, and caring

teacher-leader who exemplifies excellence and the qualities needed in an educator to achieve the Pinellas County Schools' vision of 100% student success. His commitment to achieving and elevating excellence is highly respected within our staff here at Davis, throughout the music education community, both in our district and throughout the state of Florida. This excellence in student performance permeates all aspects of his music program and our school. These are but a few of the reasons he will represent Pinellas County at the state level.

What an amazing month of teaching and learning here at Davis. We have combed over our student performance data from first semester and are working diligently to address our areas of needed growth. Our school continues to show great academic growth in reading. In fact, our performance in reading is forecasted to be higher than ever before. We have already increased the percentage of students showing proficiency in reading to 71% with similar figures for the percentage of student growth (See table below). Our performance in mathematics on the Winter MAP assessment projected our proficiency to at 72% with our biggest area of focus on students showing growth or learning gains. Learning gains made by students account for 57% of our school grade. Please know that we have a comprehensive mid-year plan in place to ensure our students achieve their learning goals.

You may be thinking, "How can I help my student"? The biggest impact parents and guardians can have on math achievement is to encourage your child to have open dialog with teachers, confer with your child regarding their performance in math, and complete their recommended 5-10 lessons per week on Dreambox. For reading, take the time to read with your child as often as possible and more importantly ask them questions about their reading that would indicate whether or not they are comprehending what they have read. Simple strategies like the ones mentioned above would pay major dividends in student achievement.

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2017	LEILA DAVIS	66	66	55	70	63	53	72	445	64	100	
2018	LEILA DAVIS	60	39	31	64	58	45	68	365	52	100	
2019	LEILA DAVIS	69	67	58	74	69	60	64	461	66	100	
2020	Projections	71	68	60	72	50	44	70	435	62		Γ
State Percent Rank		0-10	11-20	21-30	31-40	41-50	51-60	61-70	71-80	81-90	91-99	





- Stay up to date by viewing our school website http://pcsb.org/davis-es
- Like us on Facebook at https://www.facebook.com/LeilaGDavisES/
- Follow us on Twitter at https://twitter.com/LeilaGDavis\_ES
- Join us on Remind to receive text messages. Text @leilad to 81010
- Sign up for Peachjar e-flyers at https://www.peachjar.com



We are so proud of our very own Mr. Martinez-Cooley for winning Teacher of the Year for Pinellas County Schools.

Mr. Martinez-Cooley says, "I am Congratulations Mr. Martinez! thrilled to share my passion for music and my love of learning with my amazing students every

day. Beyond the notes, lyrics, and music fundamentals, the students learn history, literature, science, and mathematics."

You are AMAZING!



## 2020 Teacher of the Year



David Martinez-Cooley Music Teacher, Leila G. Davis Elementary



Mark your calendars for our Annual Spring Fling Event on Friday, April 24, 2020. We have lots of exciting things for you, so don't miss all the family fun!

If you know of ANY businesses willing to donate items for our SILENT AUCTION or if you are willing to get items for our silent

auction, please contact Sarah Weingart at buczny.sw@gmail.com.

If you would like to showcase your business at our Spring Fling, we are offering businesses a space to display their products and or services for a small donation of \$50. You will need to provide your own display tables, chairs and tents and have them set up by 4:30PM on the day of the event. Contact Mrs. Reed if you would like to set up a table at ReedDom@pcsb.org.



#### Greetings from Café!

BREAKFAST is FREE! We have added new items this January for hot food and have alternate choices available for cold choices which are formulated with whole grains especially for our school system. View the school menu at www.pcsb.org.

Just a reminder, you can go onto www.myschoolbucks.com and view what your child has selected to eat for lunch each day. You can also see the itemized list, such as 2<sup>nd</sup> lunches, a la carte items, snacks, and bottled waters.

You can also use your credit card to add funds to your child's account (for a fee).

I will send a notice home with the student if money is owed on

their lunch accounts. We also tell them directly to communicate this with you. Please send in funds as soon as you get a notice to avoid any upset kiddos on Fridays when we sell icecream cups.

As always it is my pleasure to serve your students each and every day!

Susanne Borsari Café Manager

(727) 669-1235



## **Curriculum Corner**

Understanding the Math- Parent's Edition

How many times have you heard your child say, "That's not the way my teacher taught me how to do it!", and frustration really sets in for both you and your child. There is a resource for you to see and learn the strategies your child is using in math, and it is only a few clicks away! Log into Clever with your child. Click onto i-Ready. In the upper right corner is an option for Parent Resources. There are videos for each unit here that will explain the strategies being used in class.

These videos are short and easy to understand.





## Super Sport Award

Congratulations to the following students. They display Good Sportsmanship, Attitude, Participation, Effort and Respect.

#### 🛛 🖳 January PE Super Sports 🖉

Kindergarten – Colton Chancellor 1st Grade – Brookson Hepfinger 2nd Grade – Vasilia Perez 3rd Grade – Sawyer Higginbotham 4th Grade – Logan Cairns 5th Grade – Josephine Joller-Haeussel



Fiel © Da Let the Gar	nes Begin/
Thursday,	March 12
:55-10:20 0:30-11:55	KDG 1 <sup>st</sup> grade

A 2+2

10:30-11:55 1<sup>st</sup> grade 1:00-2:25 2<sup>nd</sup> grade Pre-K, Piatt

### Friday March 13<sup>th</sup>

8:55-10:20 5<sup>th</sup> grade 10:30-11:55 3<sup>rd</sup> grade 1:05-2:30 4<sup>th</sup> grade Ornott

AR M

## Family Lunch Day: Feb. 14th

#### Weather Permitting!

All visitors must have a government issued ID to check in at the front desk. Please know your child's lunch time and wait for them in the courtyard or on the long bench in the cafeteria so you can take them outside for lunch. Make sure your child is on time to meet their class at the end of their scheduled lunch time.

## Just a reminder that all parents can have lunch with their children at *anytime*.

On non-family lunch days, parents can still have lunch with their children, but need to check their child out and eat either in the outdoor classroom in the front of the school or on the front steps. Students need to be back with their class at the end of their lunch time.



#### PAGE 4



# HEALTHY SCHOOL

When: March 24<sup>th</sup> When: March 24<sup>th</sup> Where: Leila Davis For: Families More information Coming

By David Schidlow, MD, former Pediatric Cardiologist at Children's National.

A healthy heart begins with a healthy lifestyle, one that includes a balanced diet and plenty of physical activity. Here are a few tips to help ensure a healthy heart for childhood and beyond.

#### Avoid sugary drinks

Today's beverage choices can be overwhelming. Walk into any supermarket, convenience store or pharmacy and you see an array of colors, flavors and sizes, many of which are marketed directly to kids. Many of these drinks, including sodas, fruit juices, and energy drinks, have a lot of added sugar. These are sources of excess and unnecessary calories, which quickly translate into extra and unwanted weight.

To make your life simpler, avoid these drinks completely! For most children, water and skim milk are the perfect drinks. Of course, kids have different nutritional needs throughout childhood, so talk to your pediatrician about what milk is ageappropriate.

#### Make healthy food choices

Healthy food choices are incredibly important for heart health. The heart-healthiest foods include vegetables, fruits and whole grains. In addition, dairy foods should be low-fat, and meats should be lean. Fried, fatty and baked foods are okay once in a while, but they should not be consumed daily. Limiting portion size is also important — you want your child satisfied, not stuffed!

What you eat is important, but increasing evidence that suggests when you eat and whom you eat with may be just as crucial. Regular meals, especially breakfast, are essential for regulating metabolism, and eating together as a family may be associated with healthier weight.

#### Engage in physical activity

A body is meant to be active! That means at least 60 minutes of moderate to vigorous physical activity every day.

What activity is best? The answer is whatever activity you and your child enjoy. This can be brisk walks, dancing, martial arts or organized sports. Keep the heart rate up and sweat! Your heart and body will thank you.

#### Limit screen time

Screens are everywhere these days. With televisions, computers, tablets, mobile phones and other electronic devices, it is hard to spend time *not* looking at a screen. While computer use is an increasing part of a child's homework, all of those other screens are probably not as necessary.

Challenge your child and your family to limit screen time to less than two hours a day. Better yet, turn those screens off entirely and get your body moving!

#### Improve your sleep hygiene

Good sleep habits are a crucial part of a healthy lifestyle. Healthy sleep helps to regulate the body's metabolism, and increasing evidence suggests that better sleep is associated with healthier weight.

Healthy sleep starts with good sleep hygiene. Keep regular sleep hours, even on weekends. Distractions, especially screen time, should be limited or eliminated one hour prior to bedtime. Finally, avoid eating during the three hours prior to bedtime. Good sleep helps the body rejuvenate and ensures an energetic and focused day.

#### 2630 LANDMARK DR.

## Adopt-A-Class & Program Sponsorship

If you would like to help the school financially, your contribu- Davis Associate (up to \$99) tions directly impact our classrooms and school!

Davis Business Partner (\$350 and up)

Davis Dreamers (\$300 and above)

Davis Partner (\$200-\$299)

Davis Friend (\$100-\$199)



#### ALL PRO DAD- DAD'S DAY 2/21/20 at 7:45am in the school's **Media Center**

By: John Varlese Jr- Team Captain and proud father of a Third Grader

All Pro Dad's Day is an exceptional and fulfilling monthly event held at Leila Davis welcoming dads, along with all strong family role models (male or female), to spend quality time bonding with their children, strengthening their family relationships, along with building up an involved and dedicated grouping of families within the Davis Community. Come out and enjoy a welcoming breakfast together, discuss openly how proud you are of your kid(s), partake in character building exercises, explore some key parenting topics, and at the end of the meeting kids will even have an opportunity to win our monthly raffles.

We encourage our All Pro Families (Dads/Moms/ Grandparents/or other strong family role models) to join us at our next All Pro Dad's Day Friday, February 21st at 7:45am in the school's Media Center. This month's topic will focus on "Gentleness". Gentleness is being compassionate and kindhearted toward people. A gentle person tries to understand what other people are going through and treats them in a way that makes them feel cared for and valued.

Vision and hearing screenings are on February 24<sup>th</sup> and 25<sup>th</sup> for K, 1<sup>st</sup> and 3<sup>rd</sup>. If a parent chooses to OPT OUT of screening - They should have a written note. Students tested: Kindergarten – Hearing & Vision 1<sup>st</sup> Grade - Hearing, Vision, and BMI

3<sup>rd</sup> Grade – Vision and BMI

(Bring your glasses if you wear them.)

If you are interested in sponsoring a class, program, becoming a business partner, or donating to the school please see the front office, your child's teacher, or contact Dominica Reed at reeddom@pcsb.org for more details

Throughout the school year we will continue to meet every third Friday of the month for approximately one hour, with a primary focus on influencing our children in truly significant ways, encouraging them to be wellrounded respected individuals, all while believing in themselves through the power of love and support of family. Your encouragement enriches your child's life, improves their grades, and fills their life with pride.

In addition to our monthly Dad's Day, we also host other events that encourage family involvement. On Friday February 7<sup>th</sup> (6:30-8:00pm) we invite all dads and their daughters to a magical and memorable night of dancing, music, and fun at our annual Daddy Daughter Dance. This is always a fun and memorable night your princess will cherish. Tickets are only \$5 per family; if you have not already purchased your tickets, forms are available at the front office. Also, on March 8th at 9am, please come out and join us as we work towards keeping our community clean with our Landmark Drive Adopt-A-Street Program, and March 26<sup>th</sup> for our family Kickball game.

To learn more about the Leila G. Davis Elementary All Pro Dad Chapter, and get monthly meeting alerts and activity updates please join our local chapter at https:// allprodadsday.com/chapters/1772, or "like" our Closed-Group Facebook Page (search Leila Davis All Pro Dad).

## **Cheers to Our Volunteers**

February is Volunteer Appreciation Month and we want to thank ALL of our volunteers for their hard work! You are the heart of Davis! The

school cannot

run without our amazing volunteers!



## **Volunteer Information**



**Heidi Robinson** is our volunteer of the month. Heidi has been a huge asset to the Girls on the Run program this school year. Not only does she do the GOTR program but you will also find her helping out in classrooms as well. Heidi always steps in when we need

her. We are so grateful to have such a wonderful volunteer here at Davis. Thank you for all of your hard work!



## **Level II Fingerprints**



Have you gone for your fingerprints for your Level II volunteer status, but have not gotten your Level II badge? If so, contact Dominica Reed at reeddom@pcsb.org so you can get your paperwork for your badge. All volunteers must stop by the front office to check in and receive a badge or sticker to wear while on campus. Please sign in and out on the Volunteer Sign In Sheet. Also, make sure you have coordinated your arrival time with your teacher . If you have any questions please contact Dominica Reed at <u>Reed-Dom@pcsb.org</u>



Remember, **ANY** activities at school, other than coming in to have lunch with your child, requires you to be a registered volunteer and have activated your

volunteer status for this school year. This includes field trips, holiday parties, Field Day, Spring Fling, classroom parties, etc. If you would like to participate and are not a registered volunteer, please register to become a volunteer at www.pcsb.org/

## **Lunch Pal Mentors Needed**

If you love children and want to make a difference in their lives, please come mentor students in need of a good role model and have lunch with them during their 30 minute lunch once a week. Please consider taking the one hour class so you can become a Lunch Pal!

Sign up here to go to a Lunch Pal Training and Information:





 02/05/2020 – 3:00p.m. to 5:00p.m. Pinellas Education Foundation, Wells Fargo Conference Room, 12090 Starkey Road, Largo, FL

02/12/2020 — Noon to 1:30p.m. Pinellas County Schools, Administration Building, Room E111, 301 4th Street S.W., Largo

 02/13/2020 - 1:00p.m. to 3:00p.m. City of St. Petersburg Water Resource Building, Conference Room, 1650 3rd Ave North, St. Petersburg

02/18/2020 - Noon to 1:00p.m. Mentor Webinar - Listen and learn in your office or at home.

03/05/2020 - Noon to 1:00p.m. Mentor Webinar - Listen and learn in your office or at home.

 03/10/2020 - 3:00p.m. to 5:00p.m. City of St. Petersburg Water Resource Building, Conference Room, 1650 3rd Ave North, St. Petersburg

03/11/2020 – Noon to 1:30p.m. Pinellas County Schools, Administration Building, Room E111, 301 4th Street S.W., Largo

 03/11/2020 – 3:00p.m. to 5:00p.m. Pinellas Education Foundation, Wells Fargo Conference Room, 12090 Starkey Road, Largo, FL

## **Business Partners 2019-2020**





Kiwanis Club of Safety Harbor *P. O. BOX 312* Safety Harbor, FL 34695



2451 N. McMullen Booth Rd., Clearwater, FL 33759





**ONE STOP** KITCHENS & BATH

St. Petersburg 2599 22nd Ave, N, St,. Pete, FL 33713 727-328-8600 Oldsmar 37894 Tampa Rd, Oldsmar, FL 34677 813-895-3914





2560 N. McMullen Booth Rd., Clearwater , FL 33761

Nayana Wable Kumon Instructor KUMÛN

KUMON MATH & READING CENTERS

KUMON OF DUNEDIN 2141 Main Street, Suite D Dunedin, FL 34698 tel. 727 - 2281444 cell. 727 - 6315951 nayanawable@ikumon.com www.kumon.com



Counselor's Corner

## <u>Classroom Lessons</u>

As a part of my comprehensive school counseling program, I visit classrooms approximately once every six weeks to provide direction instruction on a variety of topics. Classroom lessons fall into the academic, career, and/or personal-social domains are aligned with the Florida Standards, Florida School Counseling Framework, and the American School Counseling Association mindsets and behaviors.

In January, I provided lessons on the following topics:

2<sup>nd</sup> Grade – Conflict resolution
3<sup>rd</sup> grade – Bullying prevention
4<sup>th</sup> grade – Conflict resolution
5<sup>th</sup> grade – Perspective

## **MIDDLE SCHOOL INFORMATION**

In early March 5<sup>th</sup> graders will be bringing home a Course Request Sheet (to choose their electives) for their assigned middle school.

<u>Please be sure that we have your correct address to</u> <u>ensure you receive the correct middle school form.</u>

If you need to update your address, please bring in proof of residence to our DMT, Tabitha Ellis.

**AVID Elective:** For information about AVID electives in middle school, or to apply for the AVID elective for your child, please visit <u>www.pcsb.org/avidapp</u>

## Pack-A-Snack

Your child may be eligible to receive a bag with healthy snacks in it every Friday. The food is provided to you at no cost.

If you choose to enroll your child, he/she will receive a bag with some healthy snack sized items every Friday. All of the food is nutritional and non-perishable.

If you would like to sign up for this program, please contact Vanessa Lofstedt, School Counselor at (727) 725-7972 x2010 or lofstedtv@pcsb.org. Vanessa Lofstedt, M.A. <u>Iofstedtv@pcsb.org</u> (727) 725-7972 x2010



## Homework Help

Clearwater Countryside Library Wednesdays from 3:00-5:00 PM

September 4 - December 4 January 15 - April 29 \*any Wednesday that PCS schools are open

High school students are available to help elementary students with their homework. Please note this is not tutoring – it is strictly homework help.

PCS Homework Helpline (727) 547-7223

Free homework help for students in grades 1-12 is available Monday through Thursday from 5pm to 8 pm on all school days (except when there is no school the following day).

## **Clothing Assistance**

**Clothes to Kids** provides new and quality used clothing to low-income, school-age children in Pinellas County, free of charge.

#### **Requirements for Shopping at Clothes To Kids**

(1) You must live in Pinellas County. (2) Your child(ren) must be school-age (4 year old PreK-12th grade) and attend a Pinellas County school. (3) Your family must be considered in financial need of assistance.

If you receive free/reduced lunch, call Clothes to Kids at 441-5050 to schedule an appointment. <u>You will need your</u> <u>free/reduced lunch letter to shop</u>.

If you do not receive free/reduced lunch but need assistance you may be able to receive a referral to Clothes for Kids from Mrs. Lofstedt (school counselor) or Mrs. Cohen (the school social worker). Once you receive the referral, you can call Clothes to Kids to schedule your appointment. Eligible children may shop twice in a twelve-month period (a referral is needed each time).

# High Academic Expectations

by @Inner\_Drive www.innerdrive.co.uk

Parental expectations have a major impact on grades. This includes attitudes towards school, teachers and the value of education.

## **Regular Communication**

If you talk about schoo<mark>l issues early they are less</mark> likely to become major issues later.

## Good Reading Habits

This can be developed by reading with your child as part of a night-time routine. Choose books that capture their attention and imagination.

## Homework Rules

Have clear rules to deal with how your child divides their time between homework and socialising.

## **February PTA News**



Our Spring Fling and Silent Auction, on April 24, will be here before we know it! Proceeds from the Silent Auction will be used for school-wide enhancements that will greatly benefit our students. Our Spring Fling is a large event that typically has well over 1,000 attendees, so it's a great opportunity to get your business and products in front of potential customers. <u>No donation is too big or too small!</u>

## We are in need of....

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• Items to add to class baskets that will go up for auction at the event.

• Donations from businesses for services, gift cards, freebies, etc. Collecting donations is <u>easy</u>! If you have a business connection or are out and about, ask if you could speak to the manager about supporting our amazing school! The worst they can say is "no"! We even have a donation letter premade for your convenience.

If you have donations, questions, want to join the committee or need a donation form for a business, please contact Sarah Weingart Buczny at <u>buczny.sw@gmail.com</u> or at 727-564-0639. Also, Join the Leila G Davis PTA Silent Auction Committee Facebook group.



## STAY CONNECTED

Find us on Facebook https://www.facebook.com/leiladavispta/

memberhub

https://leiladavis.memberhub.com

Email us at leiladavispta@gmail.com



Would you like to get more involved? Interested in joining the PTA Board or a PTA committee next year? Contact us at Leiladavispta@gmail.com for more information.

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## UPCOMING EVENTS AND VOLUNTEER NEEDS

 February 7 - All Pro Dad Annual Daddy Daughter Dance 6:30-8:00 - Princesses may be escorted by Dad, Grandpa, Uncle or any other special person (male or female)
 who is a loving and caring role model. Enjoy a DJ, dancing, a photobooth and lots of memory making.

 March 4 – General PTA Meeting 6:30 – Be on the lookout for more information including entertainment for the children during the meeting.

March 8 - All Pro Dad Adopt-A-Street Clean Up 9:00am-10:30am - Let's show our thankfulness to our wonderful community and our amazing school campus as we look to beautify the area. We will take on the responsibility three times a school year, keeping the 1-mile stretch of Landmark Drive in front of Davis clean.

 March 26 - Family Kickball Game 6:00 -Be on the lookout for more details. You don't want to miss the fun!



# Change your lunch plans. Change a child's life.

## February Mentor Workshops



It's easy to be a mentor — Attend a workshop. You will be matched with a school that is convenient to you. You will meet with a student on a day and time that works best for your schedule. Show up, listen, encourage and be a friend it is that easy! Conversation starters and resource materials are provide to assure that your experience is easy and fun. Support is always available. It's easy for your company or community organization to get involved join at LunchPals.org

02/05/2020— 3:00p.m. to 5:00p.m. Pinellas Education Foundation, Wells Fargo Conference Room, 12090 Starkey Road, Largo, FL
02/12/2020 — Noon to 1:30p.m. Pinellas County Schools, Administration Building, Room E111, 301 4th Street S.W., Largo
02/13/2020 — 1:00p.m. to 3:00p.m. City of St. Petersburg Water Resource Building, Conf. Room, 1650 Third Ave., North, St. Pete.
02/18/2020 — Noon to 1:00p.m. Mentor Webinar - Listen and learn in your office or at home. (You will be sent a link for the Webinar)

## Register for a workshop: Mentor Workshops or go to pcsb.org/mentor

# **LEILA DAVIS MOM'S MINGLE**

Visit with Bear Cub Moms

Enjoy Live Music by "SPF 40"

Friday February 7th 6:30-8:00 Countryside Country Club 3001 Countryside Blvd, Clearwater 33761

Food and Beverages available for purchase

RSVP to leiladavispta@gmail.com





PINELLAS ALLIANCE OF BLACK SCHOOL EDUCATORS PRESENTS:

## BLACK AMERICAN SPEAK IN FRIDAY, FEBRUARY 21, 2020



WHY IS EDUCATION IMPORTANT IN OUR LIVES?
In celebration of Black History Month, PABSE invites you to speak with our scholars regarding the importance of education. Join us for our inaugural Black American Speak In. Please share your story at a local school in your area. For more information please email: danielsbr@pcsb.org or griffinta@pcsb.org

"The function of education is to teach one to think intensively and to think critically. Intelligence plus character – that is the goal of true education." -Dr. Martin Luther King Jr.

## FEBRUARY PCS Elementary Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	3 Apple Cinnamon Texas Toast	4 Scrambled Egg, Bacon & Biscuit	5 Mini Maple Pancakes	6 Chicken Waffle Sandwich	7 Cheese Omelet w/ Toast
DAILY BREAKFAST CHOICES Hot or cold breakfast choices are available daily <i>i.e.</i> : Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast. Must choose at least 1: Fruit or Juice. May choose 1: Milk Skim, Low Fat White, or Fat Free Chocolate. DAILY LUNCH CHOICES: Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal) May Choose: 1 Milk; Skim Low Fat White, or Fat Free Chocolate. Day Choose: 1 Milk; Skim Low Fat White, or Fat Free Chocolate. May Choose: 1 Milk; Skim Low Fat White, or Fat Free Chocolate. May Choose, 1 Milk; Skim Low Fat White, or Fat Free Chocolate. May Choose, 1 Milk; Skim Low Fat White, or Fat Free Chocolate. May Choose, 1 Milk; Skim Low Fat White, or Fat Free Chocolate. May Choose, 1 Milk; Skim Low Fat White, or Fat Free Chocolate. May Choose, 1 Milk; Skim Low Fat White, or Fat Free Chocolate. May Choose, 1 Milk; Skim Low Fat White, or Fat Free Chocolate. May Choose, 1 Milk; Skim Low Fat White, or Fat Free Chocolate. May Choose, 1 Milk; Skim Low Fat White, or Fat Free Chocolate. May Choose, 1 Milk; Skim Low Fat White, or Fat Free Chocolate.	Choose One:         Hamburger OR Cheeseburger         Chicken & Waffle         Fruit & Yogurt Plate         Deli Meat & Cheese Sandwich         Choose:         Tater Tots         Fresh Veggie Dippers         10         Pancake Pup         Chicken Tender Basket         w/ Crispy Fries & Roll         Max Cheese Sticks         Fruit & Yogurt Plate         Deli Meat & Cheese Sandwich         Choose:         Country Baked Beans	<ul> <li>Choose One: Beef or Pork Tacos Cheesy Bread Chicken Caesar Salad Jamwich Kit</li> <li>Choose: Marinara Cup Refried Fiesta Beans Romaine Side Salad</li> <li>Bacon, Egg &amp; Cheese Pizza</li> <li>Choose One: Breakfast for Lunch Pizzaboli Chicken Caesar Salad Jamwich Kit</li> <li>Choose: Deli Roasted Potatoes Marinara Cup * Romaine Side Salad</li> </ul>	Choose One:         Choose One:         Mandarin Orange Chicken Bowl         Macaroni & Cheese         Yogurt & Fruit Parfait         Ham & Cheese Croissant         Choose:         Steamed Broccoli Florets         Sliced Cucumbers         12         Biscuit & Sausage Gravy         Choose One:         Pasta & Meat Sauce or Meatballs,         OR Ravioli & Roll         Chicken Nuggets w/ Dip Cup         Yogurt & Fruit Parfait         Ham & Cheese Croissant         Choose:         Crispy Fries         Sliced Cucumbers	Student Walle salidweil         Student Choice Menu         Students choose the         hot entrees &         vegetable options!         Entrée Salad: Apple-a-Day Salad         Sandwich: Chicken Caesar Wrap         Side Salad: Mixed         13 Egg, Ham & Cheese Sandwich         Choose One:         Featured Item:         Loaded Beef & Cheese Nachos         Grilled Cheese         Apple A Day Salad         Chicken Caesar Wrap         Mixed Side Salad	Choose One:         Pizza Variety         Pizza Variety         Teriyaki Beef Dippers w/ Rice & Roll         Chef Salad         Turkey & Cheese Hoagie/Sandwich         Choose:         Mixed Vegetables         Fresh Veggie Dippers         14 French Toast & Chicken Bites         Cheose One:         Pizza Variety         Ocean Treasure Fish Nuggets         w/ Roll         Chef Salad         Turkey & Cheese Hoagie/Sandwich         Choose:         Spinach or Collard Greens         Fresh Veggie Dippers
	Marinara Cup * Veggie Dippers 17 Presidents' Day No School For Students	Marina Side Salad         18 Scones (3 flavors!)         Choose One:         Cheese Sticks & Toasted Ravioli Boat         Corn Dog OR Hot Dog         Chicken Caesar Salad         Jamwich Kit         Choose:         Steamed Broccoli Florets         Marinara Cup         Romaine Side Salad	Sliced Cucumbers         19 Mini Eggo Confetti Pancakes         Choose One:         Popcorn Chicken w/         Mashed Potatoes & Gravy         Rotini w/ Meatsauce         Yogurt & Fruit Parfait         Ham & Cheese Croissant         Corn Niblets * Sliced Cucumbers	20 Sausage Biscuit <i>or</i> Sausage & Grits Choose One: Featured Item: Chicken Sandwich Cheese Quesadillas Apple-a-Day Salad Chicken Caesar Wrap Choose: Battered Sweet Potato Fries Salsa Cup * Mixed Side Salad	
kind	24 Apple Cinnamon Texas Toast <u>Choose One:</u> Hamburger OR Cheeseburger Chicken & Waffle Fruit & Yogurt Plate Deli Meat & Cheese Sandwich <u>Choose:</u> Tater Tots Fresh Veggie Dippers	25 Scrambled Egg, Bacon & Biscuit <u>Choose One:</u> Beef or Pork Tacos Cheesy Bread Chicken Caesar Salad Jamwich Kit <u>Choose</u> : Marinara Cup Refried Fiesta Beans Romaine Side Salad	26 Mini Maple Pancakes <u>Choose One:</u> Mandarin Orange Chicken Bowl Macaroni & Cheese Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Steamed Broccoli Florets Sliced Cucumbers	27 Chicken Waffle Sandwich Student Choice Menu Students choose the hot entrees & vegetable options! Entrée Salad: Apple-a-Day Salad Sandwich: Chicken Caesar Wrap Side Salad: Mixed	28 Cheese Omelet w/ Toast <u>Choose One:</u> Pizza Variety Teriyaki Beef Dippers w/ Rice & Roll Chef Salad Turkey & Cheese Hoagie/Sandwich <u>Choose</u> : Mixed Vegetables Fresh Veggie Dippers







Fresh from Florida celery is rich in vitamins A, K & C, plus minerals such as potassium & folate.





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